

Instructions for the Texas Medical Request Form for Formula/Food - Side 1 (FOR INFANTS)

- 1) Required Patient Information
 - a. Print or type your patient's first and last name, date of birth (DOB) and phone number.
 - b. Include the parent or caregiver's name.
- 2) Alternate Similac WIC Formulas
 - a. Similac Advance or Good Start Soy are offered to participants who request a formula. Alternate Similac formulas can be provided if Similac Advance or Good Start Soy are not tolerated. To request Similac Sensitive, Similac for Spit-up or Similac Total Comfort, check the appropriate box on the form.
 - b. By marking your selection, the maximum amount of the alternate Similac formula will be provided until the infant is 12 months old.
 - c. Space is provided to request a different length of time (for example, 3 or 6 months) or to indicate that less than the maximum amount of formula is to be issued.
 - d. Note: WIC is a supplemental program and a limited amount of formula is allowed each month per USDA regulations, even with a medical request.
 - e. Space is provided to document severe or exceptional medical conditions that might exist if an initial trial of Similac Advance (or Good Start Soy) is contraindicated.
- 3) Other Formulas
 - a. Print or type the name of the formula.
 - b. Provide a qualifying condition (medical reason the formula is needed) or diagnosis.
 - c. For length of issuance – check the 3 or 6 month box or provide a different length of time under “other.” If not indicated, the formula can only be approved for one month.
 - d. Maximum amounts of formula are automatically provided unless a specific amount per day is indicated in the blank provided.

Maximum Amounts Each Month Per Infant Age Time Period
0-3 months - approximately 26 ounces per day
4-5 months - approximately 29 ounces per day
6-12 months – approximately 20 ounces per day
 - e. Please note that brands of formula similar to Similac WIC formulas (such as Good Start Gentle or Enfamil Gentlease) are not approved due to mild formula intolerance symptoms like spitting up, colic, constipation or gas. If these formulas are approved for serious medical conditions or severe intolerance symptoms, they are only issued for 3 months at a time followed by a trial of a Similac milk-based formula (or Good Start Soy if a different brand of soy was requested.)
 - f. Space is provided on the form to document a medical contraindication if a re-trial of a WIC formula cannot be conducted.
 - g. Space is provided for measurements if taken by the medical provider.
- 4) WIC Supplemental Food (At 6 months of age)
 - a. The maximum amount of all supplemental foods will be provided unless the healthcare provider marks foods to OMIT. Foods marked to omit will not be issued to your patient.

- b. A space is provided to mark “Formula Only” if desired due to the patient’s inability to eat (additional formula may be available) or if infant cereal or baby foods individually should not be provided.
- 5) Health-Care Provider Information
- a. Signature or stamp of the health care provider is required along with contact information (phone, fax and medical office/clinic or practice name.)
 - b. Note: Formula cannot be approved if the healthcare provider contact information is missing.
 - c. If your patient brings a copy of the form to you it may have the clinic name, phone and fax numbers printed on it for your convenience.
 - d. The patient may return the hard copy to the WIC clinic or it can be faxed if that number has been provided.
- 6) Additional Information
- a. WIC clinic staff may call or fax your office if there is missing information or to clarify your request. Sometimes, a formula cannot be approved or is not available through Texas WIC. If so, clinic staff will call to discuss other options for your patient.
 - b. WIC formula is purchased at retail stores. Some specialty items are only available through a pharmacy, specialized WIC store, or drop ship company. It may take several days to a week for these formulas to be ordered and received.



Visit our website at [Texas WIC .org](http://TexasWIC.org)
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